

# HAPPY HOLIDAYS TO ALL OUR M&M DRIVERS, ASSOCIATES, AND THEIR FAMILIES



*M&M American thanks you for being part of a safe & successful 2017.*

We have experienced numerous challenges, as well as significant growth, this year! One of the biggest changes to our industry is the mandatory implementation of ELD's. As you know, we take safety very seriously at M&M American.

The safety team will continue to send out monthly newsletters that will highlight various safety issues & to reinforce safe driving techniques .

We are pleased to announce the implementation of Tread-1, an on-line /app based training course. We will supply more information on this within the next few weeks.

## A reminder for safe winter driving:

- Slow down - Take as much time as necessary to ensure you, and everyone around you arrives safely.
- Keep a safe following distance - 1/4 mile when visability is low
- Braking - Don't engage the jake brake on icy roads
- Use good, solid, judgment - If it's too bad, get off the road.
- Clean tractor & trailer lights - Keep it clean so you can be seen!

## Hand-held device usage reminder:

- It is illegal to use hand-held mobile devices while driving or sitting in traffic
- Unsafe driving violations impact your personal driving record as well as our companies safety rating with the FMCSA

